

KLEIN OAK CHEER

2022-2023 Tryout Information

Tryout Qualifications



1. At the time of tryouts, a KOHS cheerleader candidate must currently be a resident of KOHS attendance zone or have an approved transfer from the office of school administration to attend KOHS for the next school year.
2. A permission slip explaining estimated expenses and other constitutional requirements must be signed by a parent/guardian and returned to Sponsor before tryouts.
3. A physical waiver form signed by parent/guardian must also be received by Sponsor prior to student's participation in clinic and tryouts.

Tryout Qualifications



4. At the beginning of tryouts, students trying out for Varsity cheerleader must be a sophomore or junior; for JV, they may be either a freshman, sophomore or junior; for Freshman cheerleader, they must be an eighth-grade student.
5. All Klein ISD cheerleading activities must follow the guidelines delineated in the AACCA Cheerleading Safety Manual.
6. A candidate's course schedule must allow them to complete the entire school term (2 semesters) of the cheerleader year.

2022-2023 KISD Squad Sizes

SQUAD

MAXIMUM

Varsity

24

(+ max of 2 Mascots)

Jr. Varsity

16

Freshman

14

Mascot Selection

A maximum of 2 mascots (Prowler and Pouncer) will be selected based on scores awarded by the 5-judge panel.

1. Perform an *improvisational* short skit in mascot uniform
2. Perform an *original prepared* skit in mascot uniform

Rules for original prepared skit:

- Max of 90 seconds in length
- Music used in skit cannot exceed 60 seconds in length
- Up to 3 props are allowed (as long as props are connected to each other, they count as one)
- Provide your own music, but we will have a speaker and play it for you during tryouts at the cued times



Mascot Scorecard

Category	Description	Points (0=lowest; 5=highest)
1. Entrance		
Walk	1 2 3 4 5	_____
Spirit	1 2 3 4 5	_____
Character Development	1 2 3 4 5	_____
2. Skit		
Creativity	1 2 3 4 5	_____
Motion Technique (Sharp, clean)	1 2 3 4 5	_____
Showmanship (Confidence)	1 2 3 4 5	_____
Maintains Interest	1 2 3 4 5	_____
3. Impromptu Skit		
Appropriate Response	1 2 3 4 5	_____
Creativity	1 2 3 4 5	_____
Motion Technique (Sharp, Clean)	1 2 3 4 5	_____
Showmanship (Confidence)	1 2 3 4 5	_____
Variety	1 2 3 4 5	_____
Total Points Awarded (60 possible)		_____

Cheerleader Selection

Squads will be selected
based only on points
awarded and final scores
calculated based on judges
scores

- There are 5 judges
- 150 points available from each judge
- Each candidates lowest and highest scores are removed from their final score calculation, leaving 3 sets of scores

Judges Score for Group

Group Chant (30points)

- **Motion Technique** (sharp, clean, precise)
- **Timing**
- **Showmanship** (projection and confidence)

Dance (30points)

- **Technique** (sharp, clean, precise)
- **Timing**
- **Showmanship** (projection and confidence)

Judges Score Individual

Entrance (20 points)

- **Spirit & Enthusiasm**
- **Running Tumbling** (difficulty and execution)

Jumps (20 points)

- **Toe Touch** (execution and technique)
- **Jump of Choice** (execution and technique)

Judges Score
Individual
Continued

Individual Cheer
(50 points)

- **Voice Control** (loud, clear, expressive)
- **Showmanship** (projection, confidence)
- **Standing Tumbling** (execution, difficulty, incorporation)
- **Memory**
- **Motion Technique** (sharp, clean, precise)

Judges Scoring Sheet

1. Group Chant

Motion Technique (Sharp, clean, precise)	0	1	2	3	4	5	6	7	8	9	10
Timing	0	1	2	3	4	5	6	7	8	9	10
Showmanship (projection, confidence)	0	1	2	3	4	5	6	7	8	9	10

2. Dance

Technique (sharp, clean, precise)	0	1	2	3	4	5	6	7	8	9	10
Timing	0	1	2	3	4	5	6	7	8	9	10
Projection / Showmanship	0	1	2	3	4	5	6	7	8	9	10

3. Entrance

Spirit & Enthusiasm	0	1	2	3	4	5	6	7	8	9	10
Tumbling (difficulty and execution)	0	1	2	3	4	5	6	7	8	9	10

4. Jumps

Toe Touch (execution and technique)	0	1	2	3	4	5	6	7	8	9	10
Jump of Choice (execution and technique)	0	1	2	3	4	5	6	7	8	9	10

5. Individual Cheer

Voice Control (loud, clear, expressive)	0	1	2	3	4	5	6	7	8	9	10
Showmanship (projection, confidence)	0	1	2	3	4	5	6	7	8	9	10
Standing Tumbling (execution, difficulty, incorporation)	0	1	2	3	4	5	6	7	8	9	10
Memory	0	1	2	3	4	5	6	7	8	9	10
Motion Technique (Sharp, clean, precise)	0	1	2	3	4	5	6	7	8	9	10

TOTAL

Judge #

Clinic & Tryout

**Report to gym area
of Klein Oak**

Warm-up for Varsity
& JV candidates will
start at 2:45pm.

Immediately
following the Varsity
& JV tryouts,
Freshmen will warm-
up and begin.

What	Date	Time
Tryout Clinic	Mon 3/7 & Tue 3/8	5-7pm (arrive by 4:50)
Mock Tryouts	Thu 3/10	Var & JV 3pm Fresh 5:30
Tryouts	Fri 3/11	Var & JV 3pm Fresh arrival 5pm

All forms requiring a signature must be
received on campus by **Fri, Feb. 25, @ 3pm**

**Address them to Ms. Wilder and return to
Freshman AP Sec. Ms. Gamez in 1000A**

Clinic Information

Candidates must bring the proper attire to work out in

- Wear athletic/cheer shoes at all times (no Converse/Sperry's /Vans).
- Comfortable shirts and shorts are recommended...no spandex shorts, bodysuits or sports bra style tops may be worn without a T-shirt and shorts over them
- Hair cleanly & securely pulled back away from the face
- Remove all jewelry before clinic begins
- Phones must remain out of sight during clinic/mocks/tryouts. Time will be allowed to video during clinic.
- Candidates will be taught a cadence-style dance, chant and individual cheer

Klein Oak HS is not responsible for the loss of any personal items

are... **MANDATORY**

Mock Tryouts

- Candidates must attend mock tryouts in order to try out for judges
- Coaches must receive prior notice and approve any absence, plus possibly create an alternate plan for mocks
- A no-show without notification will result in automatic elimination from the tryout proceedings
- Mocks are “practice” for tryouts, viewed by our KO Cheer Seniors... group dance & chant, then individual entrance/tumbling/jumps/cheer
 - ✓ Tumbling skill presented at mocks will be noted and may be lesser, but not greater, at tryouts. Otherwise, no points will be awarded.

Tryout Information

- On day of tryouts: All candidates must wear a plain white t-shirt with all-black athletic shorts (both free of any cheer/gym insignia). White socks with athletic/cheer shoes. Hair in clean high pony...no bows, no jewelry.
- Tryouts are closed to everyone other than candidates, judges, Sponsors and Administrators. Parents, friends and siblings are to remain outside of the school building.
- There are *no call backs*. All decisions are final. In the event of a tie for the last spot on a squad, both candidates will be awarded the position.

Tryout Information

- Candidates must attend all clinic days and remain for the entire session. If there is a medical or family emergency, it should be brought to the Sponsor's attention *before* the day's workout begins. The candidate must bring a note of explanation from a parent or doctor upon return to the clinic or tryouts.
- Late joiners will be individually responsible for obtaining and learning anything they missed.

Use of Video due to Injury

- In the case of a physical injury prior to the tryout, the Administrative designee must be notified for permission to deviate from the standardized tryout procedures. Video may only be used with administrative approval and only in the case of an injury that impairs a student from participating in a “specific skill” of the tryout. If video is used, only a small segment of the video that shows the “specific skill” done by the student prior to the tryout may be judged.
- Video may not be used showing the individual performing in a competition setting or in any event while in uniform. A medical doctor’s note indicating the specific skill the student is incapable of performing will be required prior to video use. The video must be within the current school year.
- Prior to using the video, you must notify the Coach and present a medical note explaining the candidate’s present injury. If you have any questions about your video, please feel free to call the Administrator. Of course, we hope every candidate remain healthy, but we urge you to take daily videos as precautionary measures to help ensure a fair tryout.

Video Guidelines

- The candidate may not be wearing a uniform or any article of clothing that identifies him/her as a cheerleader, whether for school or an outside gym squad.
- The video must show the tumbling skills the candidate had planned to perform at the actual tryout.
- If an injury occurs during tryout week, the video should contain material taught at the clinic up to the time of the injury. If the injury is so extensive that the candidate can no longer perform the material, he/she may use the video. Candidates may want to tape him/herself daily.
- Clips of the candidate practicing for other events during this school year may be included.
- The video used must be on a similar floor/mat that is used at try-out (dead floor with mat). A spring floor is unacceptable, and no spotter may be used.
- The video must be recorded prior to the date of the doctor's note and must be approved by the Administrator.

Squad Results

TRYOUT RESULTS WILL BE POSTED ON

KLEIN OAK CHEER WEBSITE

<http://kleinoakcheer.weebly.com/squads.html>

Questions concerning results
should be directed to AP

Mrs. Francin Wilder at
fwilder1@kleinisd.net.

Emails/calls/messages will be
returned beginning week of
March 21 (after spring break)

*Coaches will not have discussions
concerning tryout results*



Practice & Camp

After School Practices

- Monday's JV/V 3-4pm (April to mid-May)
- Monday's Freshman 5-6pm (April to mid-May)
- Practice will be scheduled the first few weeks of school and as needed during the school year to prepare for various events.

Summer Practice/Events

- Mon & Tue, July 18 & 19, 9am-11noon @ KO
- Stunt Clinic provided by Sideline Spirit @ KO, July 20-21-22 (W-Th-F) from 8am-12pm

Summer Camp (UCA)

- July 28-31 (Th-Su)
- Great Wolf Lodge, Grapevine TX

Attendance at all these events is mandatory



Estimated Expenses

Below is an *ESTIMATE* of essential expenses.

- Stunt Clinic \$200
- Camp fee \$ 550 (room/daily lunch & dinner/bus)
- Spirit wear \$ 350

Every effort is made to keep additional expenses to a minimum throughout the year

A **\$200 deposit will be due on April 5** at the new squad meetings. Merchandise orders will be placed at this time as well.

All final balances will be due by May 13



Time Requirements

- In addition to daily cheer class, time is required to fulfill all responsibilities of being a cheerleader or mascot.
- Average time ranges from 10-15 hours a week (games, practices, community appearances, clinics, fundraisers, etc.) depending on the season and events.
- Part time jobs are never discouraged, nor are other KO sports, or outside activities, but be aware of time limitations. Your responsibility to the squad and our activities is the priority.
- Cheerleading requirements are a first priority after academics. Any unexcused absences from cheerleading activities will result in receipt of demerits or strikes which could ultimately result in removal from the squad for not meeting your obligations.
- If a cheerleader is part of other UIL activities, we will work with the other coaches/sponsors to evenly divide your time
- UIL Competition... we will not compete for the 2022-2023 academic year.





SPORTS!

- **Football Season**

Sept – Dec. Varsity will attend every Varsity football game.

JV and Freshman will attend all home football games and Varsity homecoming...& away games versus KISD opponents (Collins, Klein & Cain) at Coach discretion.

- **Volleyball Season**

Sept – Oct, on Tuesday and Friday nights, home games only for all squads

- **Basketball Season**

Nov – Feb, on Tuesday and Friday nights, home games only for all squads

Attendance/appearances at baseball, soccer, wrestling, swim/dive or other events may be required

In the event of playoffs, sub-varsity cheerleaders may be invited to attend games

Class, Campus & Community Expectations

- 7th period is cheer class...daily grades are based on dressing out and participating in daily activities
 - ✓ dress out daily per the assigned schedule & other requirements
 - ✓ participate in class activities (conditioning, skill building, game preparation, study hall, sign painting, etc..)
- Positively represent yourself and our organization on campus and in the community at all times
- Participate in all spirit days & events

2022-2023 KISD Cheer Handbook

It is extremely important that you carefully read and fully understand the

[KISD Cheer Handbook](#)

Refer to the 2022-2023 Handbook

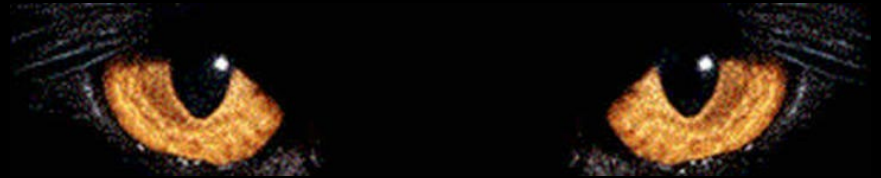
Important Dates



REMEMBER

- ✓ Forms Due - Fri, 2/25
(Medical Authorization & Permission,
Handbook & Financial Acknowledgement,
JV Option form for Varsity only)
- ✓ Parent Mtg & Merch/Uniform Fitting – Tues, 4/5
Varsity 3pm, JV 3:45pm, Fr 4:45pm
Merch ordered at this time
Cash deposit of \$200 due... balances due by
May 13
- ✓ Practice @ KO...July 18 & 19
- ✓ Stunt Clinic Wed-Fri, July 20-22
- ✓ Camp dates Thu - Sun, July 28-31

Thank you
for your interest in
Klein Oak Cheer



<u>Contact</u>	<u>Position</u>	<u>Email</u>	<u>Cell #</u>
Francin Wilder	AP over Cheer	fwilder1@kleinisd.net	
Brittany Longoria	Freshman Coach	blongoria1@kleinisd.net	559-906-1354
Kylie Pell	JV Coach	kpell1@kleinisd.net	713-582-8109
	Varsity Coach		
TBA	Program Lead Sponsor		